



Welcome
To
ASSAM
DON BOSCO
UNIVERSITY



Assam Don Bosco University

Presents
Emotional Freedom
Techniques
Programme

on

09th
November
2024

at

Tapesia Gardens, Kamarkuchi,
Sonapur – 782 402
Assam - INDIA

Get in touch!

+91-80114 03982

Visit dbuniversity.ac.in to learn
more about our university.

Tapesia Gardens, Kamarkuchi,
Sonapur – 782 402
Assam - INDIA



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Emotional Freedom Techniques



EFT is an emotional version of acupuncture wherein we stimulate the meridian points by tapping on them with the finger-tips.

This addresses a new cause of emotional issues (unbalanced energy meridians).

Properly done this reduces the therapeutic processes from month down to hours and minutes. You can apply EFT to just about everything including fear, trauma, grief etc. EFT is quick, easy to learn simple to explain. EFT is approved APA(American Psychological Association) as partially evidence based therapy. EFT is designed by Gary Craig.

K.C.Thomas is one of the first one to introduce EFT in India (2004) after he returned from US. He has trained over 1500 in the use of EFT. His student Rosaline Thomas did the first government approved research in EFT as part of her training in Masters in Nursing.

"The Participants will get a Participation Certificate"



Resource Person:
Fr K.C.Thomas



Date of the Programme

- **9 November, 2024**
- **from 9.00 AM to 5.00 PM**



Register Now

Limited spots available, apply now at

dbuniversity.ac.in/emotional-freedom-techniques/2024

Programme Fees

For ADBU students: Rs. 600

For others from India: Rs. 2000
(Including one-night accommodation)

For Participants from SAARC Countries: USD 80
(Including one-night accommodation)

For Participants from other countries : USD 110
(Including one-night accommodation)

Note: Meals and refreshments will be provided